

# MONTH AT A GLANCE

## Happenings at the Gym

A look at what the Bombay Gym has lined up for you...

11 May to 10 June

<p><b>MAY</b></p> <p>Save these dates on your calendar now!</p>	<p><b>10</b> SUN</p> <p><b>By The Café</b> Dining Hall Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p>	<p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>	<p><b>11</b> MON</p> <p><b>Book Club</b> The Only City: Anindita Ghose (5:30 pm - 6:30 pm) Venue - Library</p>
<p><b>12</b> TUE</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>13</b> WED</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>		<p><b>14</b> THU</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>
	<p><b>15</b> FRI</p> <p><b>DJ &amp; VDJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>16</b> SAT</p> <p><b>DJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>17</b> SUN</p> <p><b>Oriental Food Festival</b> Dining Hall Gym's Inn Bar, Verandah The Café and Palm Court (12:00 noon - 3:00 pm)</p>
<p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>	<p><b>19</b> TUE</p> <p><b>BG Conversations</b> So.. We Bought A Farm with Arti Dwarkadas (6:00 pm - 7:00 pm) Venue - 1875</p> <hr/> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>		<p><b>20</b> WED</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>
<p><b>21</b> THU</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>22</b> FRI</p> <p><b>DJ &amp; VDJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>23</b> SAT</p> <p><b>DJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>24</b> SUN</p> <p><b>BG Good Old Favourites</b> Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p> <hr/> <p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>

\* Events are subject to change in case of any Gymkhana functions. Check with reception closer to the date.

# MONTH AT A GLANCE

	<p><b>26</b> TUE</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>27</b> WED</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	
<p><b>28</b> THU</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>29</b> FRI</p> <p><b>Movie Night</b> 'Fantastic Voyage' A film by Richard Fleischer Time – 5.30 pm onwards Venue – 1875</p> <hr/> <p><b>DJ &amp; VDJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>30</b> SAT</p> <p><b>DJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>31</b> SUN</p> <p><b>Kebabs, Curries &amp; Biryanis</b> Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon – 3:00 pm)</p> <hr/> <p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>
<p><b>JUNE</b></p> <p>Save these dates on your calendar now!</p>		<p><b>2</b> TUE</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	
<p><b>3</b> WED</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p> <b>4</b> THU</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p> <hr/> <p><b>Book Club</b> Time – 5.30 pm to 6.30 pm Venue – Library</p>	<p><b>5</b> FRI</p> <p><b>DJ &amp; VDJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>	<p><b>6</b> SAT</p> <p><b>DJ</b> Gym's Inn Bar &amp; Dining Hall (9:00 pm to 1:00 am)</p>
<p><b>7</b> SUN</p> <p><b>By The Café</b> Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon – 3:00 pm)</p> <hr/> <p><b>Piano Recital</b> Gym's Inn Bar (12:30 pm to 3:00 pm)</p>	<p> <b>8</b> MON</p> <p><b>Book Club</b> (5.30 pm to 6.30 pm) Venue – Library</p>	<p><b>9</b> TUE</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p><b>10</b> WED</p> <p><b>Piano Recital</b> Gym's Inn Bar (7:30 pm to 11:00 pm)</p>

\* Events are subject to change in case of any Gymkhana functions. Check with reception closer to the date.

# SPORTS DETAILS

## BADMINTON

Operational from 7.00 am to 8.30 pm  
(On all days of the week).

### **COACHING: Shuttle Craze Academy,**

Wed, 3.00 pm to 6.00 pm;  
Sat & Sun, 11.00 am to 1.00 pm.

Fees: Members: 2,000/- pm + GST;  
Members' Guest: 3,000/- pm + GST

## BILLIARD & SNOOKER

Operational from 12.00 noon to 9.00 p.m.  
(On all days of the week).

## BRIDGE

Operational from 10.30 am to 7.30 pm  
Member's tournament on 2nd & 4th Friday at Bridge Room  
Open tournament every Tuesday – 2:15 pm to 5:30 pm  
at Dining Hall  
Bridge Training for Beginners & Intermediate  
– 3 pm to 5:30 pm at Bridge Room

## BOOT CAMP PROGRAM

By Fitness Force. Open for members above 14 years only.  
Every Tuesday & Thursday, from 7.30 am to 8.30 am  
at our lush green lawns. Fees: 2,000/- pm + GST for members.  
Call Sports Office\* for registration

## CRICKET

Cricket season in progress  
Day Night Matches: Tuesday/Thursday; Half day matches:  
Saturdays  
Sunday: Full day matches.  
For Coaching - Contact Sports Office\* for details.

## UNISEX FITNESS CENTER (UFC)

Newly renovated UFC section open for Members  
Contact Sports Office\* for details.

## FOOTBALL

Men's Elite & Super Division  
Team Training - 7.00 pm to 10:00 pm on Mon/Wed/Fri

### **Kids & Ladies Football Coaching**

For children on Mon/Wed/Fri/ from 5.00 pm to 6.00 pm.  
Charges: Members: 1,000/- pm + GST (U-7 to U-14),  
Members: 2,200/- pm + GST (U-4),  
Members' Guest: 3,000/- pm + GST (U-7 to U-14),  
Members' Guest: 3,200/- pm + GST (U-4).  
For U15 & Women's team, from 5.00 pm to 8.00 pm.  
Contact Sports Office\* for registration.

### **Events**

BG Queens Cup – 30th & 31st May 2026

## MAH-JONG

Training program – Every Tuesday & Friday (11 am to 1 pm) at

## Bridge Room

Regular playing sessions: Monday to Saturday (excluding  
Thursday) 10:30 am to 1:00 pm  
at Bridge Room & 2:00 pm to 6:00 pm in MPR 1  
Sunday – 10.30 am to 6.00 pm at MPR 1  
Contact Sports office for further details.

## RUGBY

Rugby Team Training - 6.30 am to 9.00 am & 6.00 pm to 9.00 pm  
on Tue/Thu/Sat.

## SQUASH

Operational from Mon-Sat: 7.00 am to 8.30 pm; Sun & bank  
holidays: 8.00 am to 7.30 pm.

### **COACHING by Zest for Sports & More.**

Tue to Fri, 2.30 pm to 5.30 pm, and Sat and Sun,  
9.00 am to 1.00 pm

#### **Fees for Members:**

Beginners: 7,000/- pm + GST;  
Intermediate: 9,500/- pm + GST;  
Advance: 15,000/- pm + GST;  
Advance 2 (Elite): 18,000/- pm + GST;

#### **Fees for Guests:**

Intermediate: 15,000/- pm + GST;  
Advance: 18,000/- pm + GST;  
Advance 2 (Elite): 25,000/- pm + GST

## TENNIS & PADEL

Operational from 7.00 am to 9.30 pm on all days of the week.

Coaching by Professional Tennis Academy

Mon to Fri, 3.30 pm to 6.30 pm, and  
Saturday & Sunday, 9.30 am to 11.30 am.

A – Beginners' batch – 3 times a week  
for 1 hour each – 2,352/- pm

B – Beginners' batch – 5 times a week  
for 1 hour each – 3,652/- pm

C – Mini Tennis batch (4 to 6 yrs.) – 3 times a week  
for 1 hour each – 1,565/- pm

D – Juniors batch – Sat/Sun – 4,372/- pm

E – Adults batch – Sat/Sun – 4,190/- pm

F – Intermediate batch – 3 times a week  
without fitness – 4,189/- pm

G – Intermediate batch – 3 times a week with fitness – 6,846/- pm  
H – Intermediate batch – 5 times a week  
without fitness – 6,983/- pm

I – Intermediate batch – 5 times a week with fitness – 9,640/- pm  
J – Advanced batch – 3 times a week for 1 hour without fitness –

Members – 5,539/- pm / Non – Members – 7,700/- pm

K – Advanced batch – 3 times a week for 1 hour with fitness –  
Members – 7,805/- pm / Non – Members – 8,800/- pm

L – Advanced batch – 5 times a week for 1 hour without fitness –  
Members – 10,274/- pm / Non – Members – 13,356/- pm

M – Advanced batch – 5 times a week for 1 hour with fitness –  
Members – 12,540/- pm / Non-Members – 16,302/- pm

N – Advanced batch – 3 times a week for 1.5 hours – Members  
-12,430/- pm / Non-members – 13,230 /- pm

O – Advanced batch – 5 times a week for 1.5 hours – Members - 16,962/- pm / Non-Members – 22,051/- pm  
P – Advanced batch playing members – 5 times a week for 1.5 hours – 25,757/- pm  
Q – Super Advanced batch – 5 times a week for 2 hours – 22,061/- pm  
Events AITA Championship Series 7 U-14 Tennis Tournament - 9th to 15th May 2026

### **PADEL COURT**

Padel Court operational for Members, booking to be done from Huddle App.  
Court timings are from 7.00 am to 11.00 pm on all days.

### **SWIMMING**

Operational from 6.30 am to 9.30 pm for members and children. Guests permitted all days of the week.

#### **Kids' coaching by Vistasp Besania**

Beginners Batch: Monday to Friday – 5:00 to 5:45 pm & Saturday – 4:00 to 4:45 pm  
Pre-Advanced Batch: Monday to Friday – 5:45 to 6:45 pm & Saturday – 4:45 to 5:45 pm  
Duration: 12 sessions per month – Fees: 3,000/- pm + GST per member.  
16 sessions per month – Fees: 4,000/- pm + GST per member.  
20 sessions per month – Fees: 5,000/- pm + GST per member.  
24 sessions per month – Fees: 6,000/- pm + GST per member.

#### **Aqua Aerobics by Snehal Bhal**

Batch: Mon/Wed/Fri, from 8.00 am to 9.00 am.  
Individual Sessions: Members - Rs. 575/- session.  
2 sessions per week: Rs. 2,600/- per month.  
3 Sessions per week: Rs. 3,850/- per month.  
3 Sessions per week (3 months' commitment): Rs. 3,200/- per month.

#### **Weekend Coaching by Vistasp Besania (Open for all ages)**

Batch: Saturday and Sunday, from 9.30 to 10.30 am.  
Duration: 8/10 sessions a month.

#### **Fees:**

Monthly – Rs. 2500 + taxes per month  
4 session plan – Rs. 2100 + taxes per month  
Per session – Rs. 500 + taxes per month

#### **1-on-1 by Ravi Babar (45-minute slots)**

Single Session 400 + taxes per month.  
Shared Sessions: (Max 2 per session) 750 + taxes per month.  
Single Session: Rs. 3200 + taxes per month.  
Shared Session: 6000 + taxes per month, debited to single member account.

#### **Events**

**Inaugural Invitational Inter-School Swimming Gala – 9th May 2026**

### **HYBRID YOGA**

Hybrid Yoga Sessions on Mon/Wed/Fri from 8.15 am to 9.15 am at the Palm Court.  
Fees: Members: 750/- pm + GST; Members' Guests: 1,500/- pm + GST.  
Members' Guests attending physically: 2,500/- pm + GST.  
Contact Sports Office\* for registration.

### **FUN FITNESS BY ATUL GUPTA**

Sat - 10:30 Am to 11:30 Am  
Venue: BG Laws

Charges: Members: 1000/- + GST per Month / Guests: 1250/- + GST per Month

### **GENERAL EVENTS**

**ARENA POLO CHAMPIONSHIPS – 10th May 2026**

*Dates and timings are liable to change. Check with the Sports Office for confirmation. 🏆 = One-off events to look out for*  
Sports Office Tel.: +91 22 2207 0311-4 / 022 4322 400, Ext. 443 / 411. What's App/Call: +91 98696 62525